



1. Name of the product

Aromatherapy starter kit

2. Product code

93205170

3. Color

As pictured



4. Definition

Aromatherapy doesn't just stick to nice smells, it goes much further than that. Aromatherapy focuses on maintaining and promoting health using essential oils. Everything that is processed in these oils will have effect to the user. This will also contribute to the recovery of one's body. With the variety of scents it will definitively recall some memories.

Each scent has its own characteristics, which in turn focus on a certain organ, or a certain situation. This is why the right scents have been carefully composed. During aromatherapy, the essential oils are absorbed via inhalation or the skin. These oils leave your body through the skin, urine or feces.

This aromatherapy starter pack is ideal for getting acquainted with aromatherapy, this can be done through the multiple scents and instructions.

5. Commissioning

There are several ways to use the essential oils, which you can find below:

Massage

Mix 3 to 6 drops of essential oil with 10 milliliters of sweet almond oil (Carrier Oil). This mixture is suitable for most adults. For children, the elderly, recovering and pregnant women, you should halve the ratio.

In bad

Dilute up to 8 drops of essential oil in sweet almond oil (Carrier Oil) or bath oil, then mix it in the bath. Do not add more than 6 additional drops of essential oil to the water.

Aroma diffuser

Add up to 6 drops of essential oil to an aroma diffuser to create a cozy atmosphere, with a delicious scent.

Rub in

Mix 4 to 5 drops of essential oil with a bowl of warm or cold water. Put a clean cloth in it and apply the liquid in the desired place.

Foot bath

Mix 4 to 5 drops of essential oil with hot or cold water. If several scents are mixed, we recommend mixing them in the measuring cup first.





Inhale

Add up to 4 drops of essential oil to a bowl of boiling water. Then place a towel on the bowl and breathe in the fumes for 10 minutes, gently. It is also possible to place 2 drops of essential oil on a towel to inhale it.

6. Dimensions

23.5 x 21 x 7.5 centimeters

Weight: 1 kilo

7. Delivery

9 bottles of essential oil - 10 milliliters

1 bottle of essential oil - 5 milliliters

1 bottle carrier oil - 50 milliliters

Glass measuring cup

Stir stick

Case



- Do not use essential oils for allergies, or when you have sensitive skin.
- Not for internal use
- Avoid contact with eyes

For more information, you can visit our website www.nenko.com

