

## 1. Name of the product

Weighted cuddle toy - Pilo (1,4 kg)

## 2. Product code

59290872

## 3. Colour

See image



## 4. Brief description

Pilo is a weighted cuddly animal, which, due to its weight in combination with its tusks and weighted cuddly arms, creates relief, peace and security in people with stimulus processing problems, tension and sleeping problems. Children, adults and elderly people with dementia can benefit from the use of this weighted cuddly toy.

Pilo helps to prevent overstimulation and offers security due to its weight and design. Weight-bearing elements such as these have been proven to be effective in reducing tension and helping to relax and fall asleep.

## 5. How to use

1. This weighted walrus is easy to put on your lap
2. While sitting, place the weighted body on your lap and then let the legs hang down on your hips. This will provide pressure on the sides of the hip and on the lap and relax completely.
3. Put this weighted animal on your body before going to sleep.

## 6. Sensory Stimulations

Touch, proprioception

## 7. Specifications

Size: 54 x 42 x 13 cm

Weight: 1,4 kg

## 8. Included

1 x Weighted cuddle

## 9. Maintenance

1. Pilo can be washed in the washing machine, for protection of Pilo we recommend to put Pilo in a pillow case, so you can properly protect the fur of Pilo
2. The weighting elements in the arms **must** be removed before washing.
3. Wash at 40 degrees.
4. If Pilo changes shape after washing, he can be reshaped with your hands.