



## 1. Product name

Southpaw flexion disc

## 2. Product code

29102065

## 3. Colour

As shown



## 4. Short description

The Southpaw Disc Swing offers versatile sensory stimulation and is ideal for use in therapy and sensory rooms. This swing combines vestibular input (balance and movement) with proprioceptive input (body awareness and pressure).

## 5. Contents

- 1x carpeted base
- 1x padded body
- 4x flat washers
- 4x lock washers
- 4x button head allen bolts
- 1x allen wrench
- 1x detachable control strap
- 1x safety snap
- 1x maintenance checklist
- 1x safety snap instruction sheet

## 6. How to use

**A safety rotational device must be used to prevent damage to your disc swing!**

**Minimum height requirement:** 2.5 m

Ensure at least 1.8 m of clear space from walls and other obstacles.

**Maximum working load:** 135 kg

**Tools required for assembly:** Allen wrench (included)

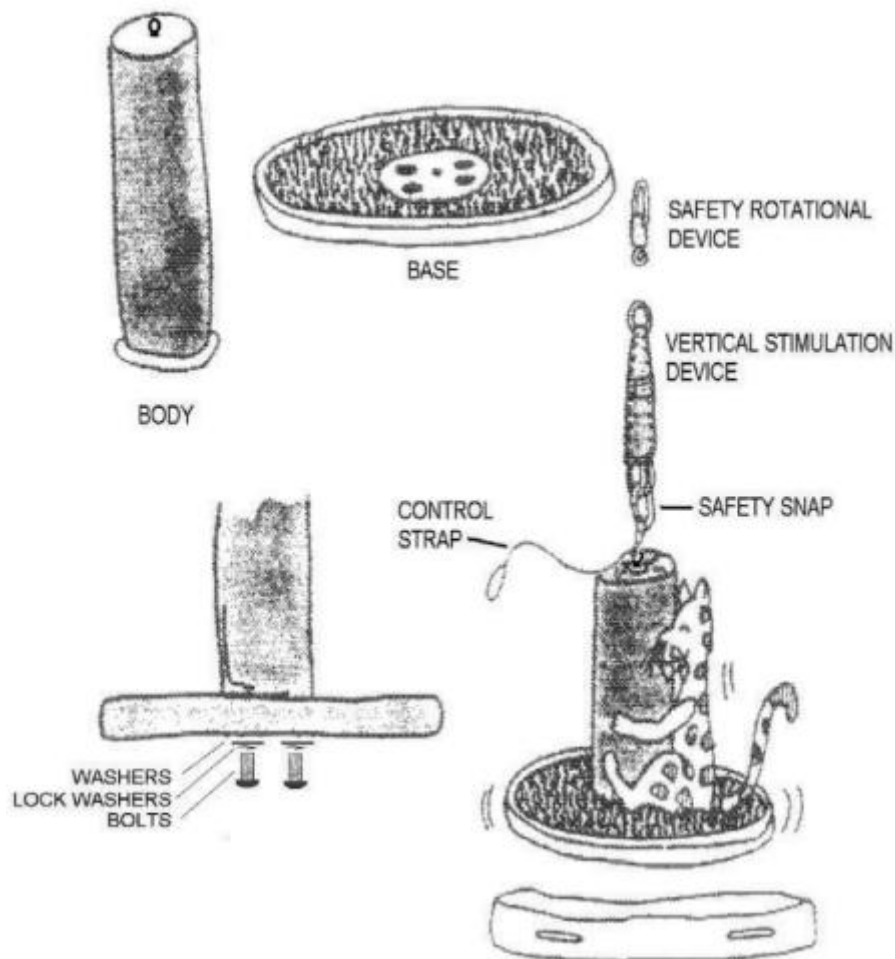
### **Warning:**

Failure to properly install a forged steel eye bolt (1/2" or 5/8") may result in serious injury or death. If you have any questions regarding the installation of the forged steel eye bolt, please contact us.

### **Assembly Instructions**

- Place the body of the swing on a table on its side, with the small wooden disc at the end extending beyond the edge of the table.
- Remove the washers, lock washers, and bolts from the bag attached to the padded body.
- With the carpeted side of the base facing the body, align the holes in the base with the holes in the body (the center hole in the base is only a clearance hole for the welded nut).
- On each button head bolt, place a lock washer followed by a flat washer (see illustration). Insert each bolt through a hole in the base and hand tighten into the padded body.





- Tighten all bolts securely with the included Allen wrench.
- Turn the disc swing over and hang it from your Southpaw Safety Rotational Device (item no. 13738652), which is attached to your suspension system, using a safety snap fastened to the cable at the top of the swing.
- The detachable control strap can be attached to the disc swing either at the top or the bottom. Attach the strap to the eye nut at the top if desired, or to the attachment ring on the bottom of the base.

## 7. Maintenance

### *Monthly checks (record on checklist):*

All the following wear points should be checked on a monthly basis and recorded on the checklist:

- Frequently check the base attachment bolts for tightness. If loose, tighten securely before using the swing. Extensive use may loosen the bolts.
- Check the safety snap for wear at the points where it contacts the rotational device and the top eye nut of the swing. (See the Safety Snap Instruction Sheet for the maintenance checklist).
- A Southpaw Safety Rotational Device (item no. 13738652) must be used at all times. Inspect the rotational device before each use. (See the Safety Snap Instruction Sheet for the maintenance checklist).
- On the disc swing, check the top eye nut for wear. Discontinue use if the eye nut is worn more than 30% of its thickness.



- Inspect the control strap to ensure both ends are securely stitched. If the stitching does not appear safe, return the strap to Nenko for repair.
- Check the cover for tears or ripped seams. Discontinue use until repaired if any damage is found.
- Inspect the carpet for loose staples. Remove any staples that are loose.
- Check the padded edges for any loose areas.

#### *Storage*

- Store away from direct sunlight
- Keep away from chemicals and cleaning agents
- Not accessible to clients without supervision
- Do not store on the edge (may damage the rim)

#### *Cleaning*

- Check with your infection control department before using these procedures.
- Check first for client allergies.
- Do not immerse the product in water. The carpet is not machine washable.
- Clean with a damp cloth using soap and water or a disinfectant.
- Vacuum the carpet regularly and clean with foam carpet cleaner.
- Allow the product to dry completely before reuse.

## **8. Safety**

The safety of your clients depends on carefully selecting activities that match — and challenge — their physical abilities.

Always use proper spotting and safety techniques. In addition, the layout of the room, correct installation, and regular maintenance of your equipment are critical.

Southpaw equipment is not intended for recreational or outdoor use. Under no circumstances should this equipment be used without supervision.

This document is for example purposes only and in no way replaces local, regional, national, or international safety standards. Please note: it is your responsibility to obtain all relevant safety information that applies to your facility.

For more information, you can visit our website [www.nenko.com](http://www.nenko.com)

