



1. Product name

Southpaw Flexion T-bar swing

2. Product code

20529065

3. Colour

As shown



4. Short description

The Southpaw T-Swing is a versatile and challenging tool designed especially for more active users. It provides an excellent way to improve balance, bilateral strength, and coordination, while also delivering valuable vestibular input.

5. Contents

- 1x Southpaw Flexion T-bar swing
- 1x maintenance checklist
- 1x web Pull Strap
- 1x instruction sheet

WORKING LOAD: 100 lbs. per layer / 400 lbs. total.

6. How to use

Minimum Height and Space Requirements:

The minimum required ceiling height is 2.4 meters (8 feet). Always maintain at least 1.8 meters (6 feet) of clear space between the swing and walls or other obstacles.

Required Safety Accessories:

To hang this equipment, the use of the **Southpaw Suspension System – Safety Snap (13799652)** is mandatory.

In addition, a **Southpaw Suspension System – Rotational Device (13738652)** must be used to prevent damage to the cable of the Southpaw T-Swing.

Working Load: 159 kg (350 lbs)

Hanging Instructions:

- Insert a **Southpaw Suspension System – Safety Snap (13799652)** through the metal braided wire loop on top of the T-Bar.
- Hang the T-Swing with the Safety Snap from your suspension system, always using a **Southpaw Suspension System – Rotational Device (13738652)**.

Warning:

Failure to properly install a forged steel eye bolt (1/2" or 5/8") may result in serious injury or death. If you have any questions regarding the installation of the forged steel eye bolt, please contact us.





7. Maintenance

Monthly checks (record on checklist):

All the following wear points should be checked on a monthly basis and recorded on the checklist:

- Check the **Safety Snap** for wear. Refer to the Safety Snap instruction sheet for inspection guidelines.
- Check the **cable** for wear. Discontinue use immediately if any fraying occurs, until repaired.

Storage

- Store away from direct sunlight
- Keep away from chemicals and cleaning agents
- Not accessible to clients without supervision

Cleaning

- Check with your infection control department before using these procedures.
- Check first for client allergies.
- Vinyl may be wiped with a damp cloth using soap and water or a disinfectant. Allow to dry completely before use.

8. Safety

The safety of your clients depends on carefully selecting activities that match — and challenge — their physical abilities.

Always use proper spotting and safety techniques. In addition, the layout of the room, correct installation, and regular maintenance of your equipment are critical.

Southpaw equipment is not intended for recreational or outdoor use. Under no circumstances should this equipment be used without supervision.

This document is for example purposes only and in no way replaces local, regional, national, or international safety standards. Please note: it is your responsibility to obtain all relevant safety information that applies to your facility.

For more information, you can visit our website www.nenko.com

